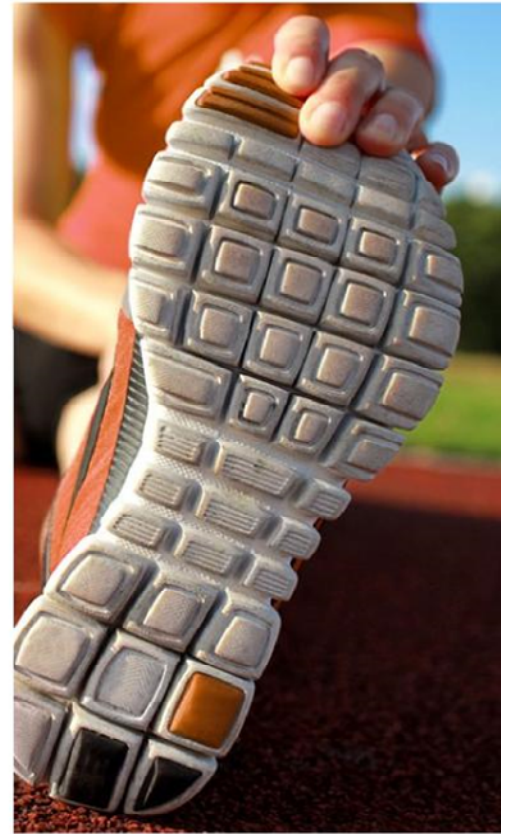




**Human Resources**  
& Risk Management  
COUNTY OF IMPERIAL



## MY WELLNESS REGISTRATION FORM

Name: \_\_\_\_\_

Department: \_\_\_\_\_

Employee Number: \_\_\_\_\_

Date of Hire: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Work Phone Number: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

The County  
Wellness Program is  
designed to support  
you with developing  
health habits for a  
lifetime!

Whether you want to  
learn how to better  
care for yourself,  
have more energy,  
balance your weight,  
manage stress or  
improve your diet,  
there are a variety of  
free tools and  
resources to help  
you make wellness a  
part of your everyday  
life.

Complete a Wellness Event by April 30, 2021 to  
be entered into a raffle! If you already  
completed a Registration form in the previous  
year, you do not have to register again.

Forms must be completed and returned to the  
Human Resources Department  
940 W Main Street Suite 101, El Centro, CA  
For more information call: 442-265-1148