You can save time and money by going to an urgent care center

You'll save time and money when you visit an urgent care center versus an emergency room. Urgent care centers provide many of the same basic medical services as your doctor's office – often with extended hours – and lower out-of-pocket costs than the emergency room. Staffed with licensed physicians, urgent care centers are ideal for non-emergency care when your doctor isn't available.

If you visit an urgent care center that is in your network, you generally will pay less than you would at an ER.

Access services at an urgent care center or clinic near you

Brawley Open Access Urgent Care

283 Main Street, Suite 102 Brawley, CA 92227 (760) 351-2000 Hours of operation:

Monday to Friday from 5 p.m. to 10 p.m. Saturday and Sunday from 8 a.m. to 5 p.m. Calexico Health Center 450 E. Birch St. Calexico, CA 92231 (760) 768-6262 Hours of operation: Monday to Friday from 7 a.m. to midnight Saturday and Sunday from 10 a.m. to 10 p.m.

MD Walk-In Clinic (also known as Imperial Valley Care Medical Group) 1520 S Imperial Ave. El Centro, CA 92243 (760) 592-4586

Hours of operation:

Monday to Friday, 9 a.m. to 6 p.m. (closed for lunch from 1 to 2 p.m.); Saturday, 10 a.m. to 5 p.m. (closed for lunch from 1 to 1:30 p.m.); closed Sunday

Urgent care

Minor sprains and cuts and abrasions Fever, colds, coughs, sore throats, sinus problems and earaches Diarrhea or stomach cramps Urinary tract infections Skin allergies and rashes Insect and animal bites

Emergency room

Chest pain or heart attack Stroke, weakness or numbness on one side Fractures Severe bleeding Severe abdominal pain Difficulty breathing Head injury or other major trauma Loss of consciousness

Finding the right urgent care center

- If your doctor isn't available, visit any urgent care center for covered services.
- See providers within the Blue Shield network for lower out-of-pocket costs.
- If you need to visit an urgent care center when outside the state of California, you can call **(800) 810-2583** for assistance finding the nearest contracted center.

For a detailed description of coverage benefits and limitations, please consult your health plan's Evidence of Coverage or Certificate of Insurance/Policy.

To locate a Blue Shield–contracted urgent care center near you, log in to blueshieldca.com/fap. You can also call Blue Shield's customer service team at (855) 256-9404 for assistance. You have the option to go anywhere you like, but you'll have lower out-of-pocket costs if you visit a network provider. If you feel you're experiencing a medical emergency, call 911 immediately or go to the nearest emergency room.



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