

# Finding Dentists Online

It's easy to find a participating Dental Health Services dentist conveniently located in your area with our online Directory of Participating Dentists!

1. Visit our website at: [www.dentalhealthservices.com](http://www.dentalhealthservices.com)
2. In the **Members** column, click on **Learn More**.
3. In the navigation bar, click **Dentist Search**.
4. Select **California, Washington** or **Oregon**, then select your **network** located on your member card, or pre-selected if you're logged in. Click on **Go**. If you are on a **PPO and EPO plan**, scroll down and choose either the First Dental Health or Dentemax link below and you will be directed to their respective sites.
5. For all other plans, enter your search criteria – the dentist's name or dentist number will return the dentist or dentists matching your search terms. If you would like to search a specific area, you can search by ZIP code, city, county, state or view the entire directory.
6. A list of Participating Dentists matching your search will appear. Please feel free to call your Member Service Department at 800-637-6453 to help you with any questions you may have.



Dental Health Services

3833 Atlantic Avenue | Long Beach, CA 90807 | 562-595-6000 | [www.dentalhealthservices.com](http://www.dentalhealthservices.com)