

IMPERIAL COUNTY

CLASS TITLE: MENTAL HEALTH REHABILITATION SPECIALIST

BASIC FUNCTION:

Under the direction of an assigned supervisor, conduct clinical assessments to evaluate the client's community functioning, operates in lead capacity to program staff.

REPRESENTATIVE DUTIES:

Conduct clinical interviews and assessments for client and client's family; gather information relevant to the case; provide diagnostic evaluation using established techniques and methodologies; develops a provisional diagnosis.

Evaluate and counsel clients in areas of community functioning including living situation, daily activities, social support systems and health status.

Formulate daily progress notes of therapy sessions; provide information regarding status and activities of clients.

Develop with the client a Client Plan that specifies the treatment and assistance needed to accomplish stated objectives.

Attend and participate in staff meetings where current cases are reviewed; review cases with social and community agencies as appropriate; provide consultation with school personnel regarding cases as requested.

Maintain case documentation including reports, correspondence, and agency forms.

Interface with community agencies such as Social Security, Public Health, Social Services, and justice system as needed.

Assist in training and monitoring of Mental Health Rehabilitation Technicians.

Demonstrate an understanding of commonly used theory-based interventions and stay abreast of new developments.

Assume lead position in off-site programs.

Provide case management services as needed.

Perform related duties as assigned.

KNOWLEDGE AND ABILITIES:

KNOWLEDGE OF:

Principles and practices of modern clinical psychology including individual, groups and family dynamics and therapy techniques.

Crisis intervention principles.

Therapeutic group skills.

Interviewing techniques.

Oral and written communication skills; correct English usage, grammar, spelling,

punctuation and vocabulary.
Interpersonal skills using tact, patience and courtesy.
Policies and objectives of assigned program and activities.
State, federal, or local laws, rules and regulations related to assigned activities.
Record-keeping techniques.

ABILITY TO:

Provide individual, group and family therapy sessions.
Diagnose mentally ill patients and establish treatment plans.
Communicate effectively both orally and in writing.
Establish and maintain cooperative and effective working relationships with others.
Maintain current knowledge of program rules, regulations, policies and procedures.
Analyze situations accurately and adopt an effective course of action.
Plan and organize.

EDUCATION AND EXPERIENCE:

A bachelor's degree and four years of experience performing case work, therapy or supportive services in a clinical mental health setting. Up to two years of graduate professional education may be substituted for the experience requirement on a year-for-year basis; up to two years of post associate arts clinical experience may be substituted for the required educational experience (as defined under Title 9) in addition to the requirement of four years' experience.

LICENSES AND OTHER REQUIREMENTS:

Valid California driver's license.

WORKING CONDITIONS:

Physical abilities required include seeing, speaking and hearing to conduct clinical interviews and assessments; subject to shift work.

Incumbents may be exposed to abusive and potentially dangerous behavior from unstable individuals.