

## IMPERIAL COUNTY

### **CLASS TITLE: MENTAL HEALTH REHABILITATION TECHNICIAN I**

#### **BASIC FUNCTION:**

Under the direction of an assigned supervisor, monitor assigned mental health clients and probate conservatorship clients to assure the delivery of psychiatric, medical, and conservatorship services and to assure proper linkage to social, economic and community resources.

#### **DISTINGUISHING CHARACTERISTICS:**

Mental Health Rehabilitation Technician I incumbent will work in a training capacity under close supervision. Mental Health Rehabilitation Technician II is the experienced level classification in the series. Incumbents are assigned a large caseload and operate independently. Mental Health Rehabilitation Technician III is the advanced level classification in the series. Incumbents are assigned a highly specialized and more complex caseload and operate with a higher degree of independence.

#### **REPRESENTATIVE DUTIES:**

Receive referrals and collect data from family, community, Public Administrator or Behavioral Health Services records.

Interview clients to assess mental status and determine the individual's strengths, needs and resources; assess physical and psychosocial impairment, living arrangements, financial status and employment potential.

Develop with the client a Client Plan that specifies the treatment and assistance needed to accomplish stated objectives.

Make referrals to community agencies and follow up to advocate for client.

Provide evidenced-based interventions to meet client plan goals, including assistance in improving, maintaining, or restoring a client's functional skills, daily living skills, social and leisure skills.

Provide crisis interventions to clients, including assessment, appropriate interventions with client and significant others, timely access to necessary services, and appropriate planning for follow-up.

Assist in coordinating services at the onset of a crisis to provide support and assistance in problem resolution; arrange for provision of other services as required.

Provide support and information to family members and significant others to increase the probability of positive change; monitor and address problem areas.

Monitor client's movement through the system with particular emphasis on movement to greater or lesser restrictive mode of treatment.

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Attend staff meetings; request assistance and recommendations regarding complex situations and case management issues.

Maintain case documentation charting; monitor services provided to assure that a client's Client Plan objectives are met.

Attend a variety of meetings and conference related to case management; maintain interagency contracts.

Monitor client progress through periodic contracts with the public Administrator, Behavioral Health Staff, family, school and community agencies as appropriate.

Perform related duties as assigned.

**KNOWLEDGE AND ABILITIES:**

**KNOWLEDGE OF:**

Basics methods, goals and terminology used in social work.

General case management techniques.

Interviewing techniques.

Oral and written communication skills.

Record-keeping techniques.

Correct English usage, grammar, spelling, punctuation and vocabulary.

Interpersonal skills using tact, patience and courtesy.

Policies and objectives of assigned program and activities.

**ABILITY TO:**

Monitor mental health patients and probate conservatorship clients to assure delivery of appropriate services.

Make interagency referrals and assure proper linkage.

Learn patient rights advocacy.

Develop appropriate individual treatment plans monitor progress toward stated objectives.

Interview clients, family members and others to obtain social history and pertinent information.

Communicate effectively both orally and in writing.

Establish and maintain cooperative and effective working relationships with others.

Maintain records and prepare reports.

Work confidentially with discretion.

**EDUCATION AND EXPERIENCE:**

Any combination equivalent to: Bachelors degree; or 30 college level semester units and two years of qualifying experience in the human services field.

**LICENSES AND OTHER REQUIREMENTS:**

Valid California driver's license.

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**WORKING CONDITIONS:**

Indoor and outdoor environment; subject to driving a vehicle to conduct and make home visits.

Physical abilities required include hearing and speaking to exchange information, holding and restraining children, climbing stairs, dexterity of hands and fingers to operate office equipment and seeing to assess situations and make observations.

Incumbents may be exposed to potentially violent or abusive mental health patients.