



Human Resources & Risk Management

COUNTY OF IMPERIAL

RODOLFO AGUAYO
Director of Human Resources &
Risk Management

COVID-19 Prevention Program (CPP) Overview

COVID-19 Transmission:

COVID-19 spreads easily from person to person mainly through *coughing, sneezing, and possibly talking and breathing*. Also, remember that an infectious person may have not symptoms.

The following are important definitions:

- Droplet - respiratory secretions from coughing or sneezing landing on mucosal surfaces (nose, mouth, and eyes)
- Aerosol - a solid particle or liquid droplet suspended in air
- Contact - Touching something with SARS-2 virus on it and then touching mouth, nose or eyes

COVID-19 Symptoms:

Fever 100.4F or higher/Chills, Headache, cough, fatigue, sore throat, diarrhea, shortness of breath or difficulty breathing, New loss of taste or smell, muscle or body aches, nausea or vomiting, congestion or runny nose.

If you are experiencing any of these symptoms, notify your supervisor and stay at home. Testing for COVID-19 is an important measure to take if you are experiencing these symptoms.

Ways to Protect Yourself from COVID-19:

- Maintain social distancing at a minimum of 6 feet (*Particles containing the virus can travel more than 6 feet, especially indoors*)
- Use alcohol-based hand sanitizer (at least 60%) (*Hand sanitizer does not work if your hands are soiled*).
- Wash your hands frequently for at least 20 seconds.
- Avoid touching your eyes, nose, and mouth.
- Wear a face covering when social distancing is not maintainable (*Face coverings are not respiratory protective equipment*)

Important Guidelines to Follow:

The County requires that you remain off the worksite and report to your supervisor any of the following:

- You are experiencing COVID-19 symptoms;
- You have tested positive for COVID-19;
- A member of your household has tested positive for COVID-19;
- You were in close contact with a COVID-19 positive individual and are under self-quarantine (exceptions for first responders may apply);

Additional Resources for You:

- Contact your supervisor if you need face coverings, hand sanitizer or other disinfecting supplies;
- The County has adopted a COVID-19 Prevention Program (available in the intranet)
- The County has prepared COVID-19 Policies and Guidelines dated December 14, 2020. This document is available in the intranet.
- The County has prepared a COVID-19 Leave Guide for your rights and benefits under COVID-19 dated December 14, 2020. This document is available in the intranet.