



# Blue Shield Member Updates

## **COVID-19 Testing**

Effective **February 26, 2021** Blue Shield will cover **most** Diagnostic Tests that are provided or ordered by a healthcare provider for individuals during the federal public health emergency. Please contact Blue Shield for more details at 1-855-256-9404.

## **COVID-19 Vaccinations**

Blue Shield members are covered for the COVID-19 Vaccination through the Express Scripts pharmacy program at **no charge** to members. Remember to have your Express Scripts ID card with you, if you need one, register on the Express Scripts website at [www.express-scripts.com](http://www.express-scripts.com).

## **TelaDoc Now Offering Mental Health Services to Dependents age 13**

Effective January 1, 2021 the Mental Health age limit TelaDoc has been decreased. All Blue Shield members age 13+ can begin to utilize Virtual Mental Health services through TelaDoc. Previously the age limit was 18.

## **Introducing Wellvolution**

Blue Shield members are eligible to be part of an online platform to help you reach your health goals. Whether you want to manage your weight or prevent diabetes, Wellvolution has a program for you. Get started today and earn 45 County Wellness Points! Visit their website at [www.wellvolution.com](http://www.wellvolution.com).

Questions? Contact Blue Shield by calling 1 855-256-9404 or visit their website at [www.blueshieldca.com](http://www.blueshieldca.com) or you can contact your Human Resources Department:

Human Resources & Risk Management

PH: 442-265-1148

FX: 442-265-1167

TTY: 442-265-1169