



Human Resources
& Risk Management
COUNTY OF IMPERIAL



MY WELLNESS REGISTRATION FORM

Name: _____

Department: _____

Employee Number: _____

Date of Hire: _____

E-mail Address: _____

Work Phone Number: _____

Signature: _____ Date: _____

The County
Wellness Program is
designed to support
you with developing
health habits for a
lifetime!

Whether you want to
learn how to better
care for yourself,
have more energy,
balance your weight,
manage stress or
improve your diet,
there are a variety of
free tools and
resources to help
you make wellness a
part of your everyday
life.

Complete a Wellness Event by April 30, 2022 to be entered into a raffle! If you already completed a Registration form in the previous year, you do not have to register again.

**Forms must be completed and returned to the
Human Resources Department
940 W Main Street Suite 101, El Centro, CA
For more information call: 442-265-1148**