

Cancer



American Cancer Society
www.cancer.org

Cancer Resource Center of the Desert
www.crcdinc.org

Imperial Valley Cancer Support Center
www.it-pros.tech/ivcsc

Centers for Disease Control & Prevention
www.cdc.gov/cancer/

National Breast Cancer Foundation
www.nationalbreastcancer.org

Cancer Care
www.cancercare.org

Alex's Lemonade Stand Foundation Childhood Cancer
www.alexlemonade.org

Leukemia & Lymphoma Society
www.lls.org

Mental Health



Imperial County Behavioral Health Services
www.bhs.imperialcounty.org

Mental Health America
www.mhanational.org

Substance Abuse & Mental Health Services Administration
www.samhsa.gov/mental-health

Health Guide
www.helpguide.org

National Institute of Mental Health
www.nimh.nih.gov

Alzheimer's

Alzheimer's Association
www.alz.org

Alzheimer's Foundation of America
www.alzfdn.org

Alzheimer's Association
www.alzheimers.gov

Self-Care

Wellness Program, County of Imperial
www.hr.imperialcounty.org/wellness-program/

Imperial County Public Health Department
www.icphd.org

Global Wellness Institute
www.globalwellnessinstitute.org

Harvard Health Publishing
www.health.harvard.edu/staying-healthy/exercising-to-relax

Multiple Sclerosis

Multiple Sclerosis Association of America
www.mymsaa.org

Multiple Sclerosis Foundation
www.msfocus.org/Home.aspx

National MS Society
www.nationalmssociety.org

UC San Diego Health
www.healthucsd.edu/care/neurological/multiple-sclerosis/



Autism Society
www.autismsociety.org

Autism Speaks
www.autismspeaks.org

Autism Support of Imperial County
www.asic.love

5k for Autism
www.beststepforward.org

Autoimmune Disease

Autoimmune Association
www.autoimmune.org

National Psoriasis Foundation
www.psoriasis.org

The Myositis Association
www.myositis.org

Crohn's & Colitis Foundation
www.crohnscolitisfoundation.org

Humane Society

www.humanesociety.org

Irritable Bowel Syndrome
www.aboutibs.org

Ending Hunger

Imperial Valley Food Bank
www.ivfoodbank.com

Cal Fresh
www.calfresh.dss.ca.gov/food/

Wellness Walk for a Cause resources



Violence Prevention & Awareness

CASA of Imperial County
www.casaimperialcounty.org

CA Partnership to End Domestic Violence
www.cpdev.org

National Center on Elder Abuse
<https://eldermistreatment.usc.edu/national-center-on-elder-abuse/>

Women Haven
www.womanhaven.org

Stress

The America Institute of Stress
www.stress.org

Weight Management

Center for Disease Control & Preventions:
www.cdc.gov/healthyweight/losing_weight/index.html
www.cdc.gov/obesity/data/childhood.html

Diabetes

American Diabetes Assoc.
www.diabetes.org
Center for Disease Control
www.cdc.gov
Diabetes Action Research & Education Foundation
www.diabetesaction.org

Heart Health

American Heart Association
www.heart.org



The Children's Heart Foundation
www.childrensheartfoundation.org

Arthritis

Arthritis Foundation
www.arthritis.org

For additional resources via Aetna- Employee Assistance Program

call 1-800-342-8111

or login @ www.resourcesforliving.com

Username: County of Imperial

Password: eap

Human Resources
& Risk Management
COUNTY OF IMPERIAL

