



JUNE June 9th through June 15th **Step It Up Challenge**

**Track your steps for the week of:
June 9th through June 15th
using your smartphone or device of your choice
and earn Wellness points!**

**Earn 100 Wellness points by walking/running a total
of 10 miles, June 9, 2025 through June 15, 2025.**

**Submit a printout/photo of your TOTAL counted
steps/miles via email to
ceciliallamas@co.imperial.ca.us
by June 18, 2025.**

Participants will be entered into a raffle!

**Points: attach a printout/photo of your TOTAL
counted steps to your Wellness tracker for credit.
Add your points on your Wellness Tracker.**

WELLNESS PROGRAM

Visit our HR Wellness page at: hr.imperialcounty.org/wellness-program/