



September is
**National Suicide
Prevention Month**

Wellness Challenge



Take a few minutes to review the Suicide Prevention resources available through your Employee Assistance Program (**EAP**).



Earn 100 Wellness Points

CLICK HERE

to access Suicide Prevention resources



Once completed, log **100 points** on your Wellness Tracker under **Wellness Program Activity/Challenge - September**.



Access your Employee Assistance Program:

ResourcesforLiving.com
"Company Log in Register"

Username: County of Imperial
Password: eap